



ITF INTERNATIONAL INSTRUCTOR AND TECHNICAL SEMINAR 12TH – 13TH SEPTEMBER 2015

Dear Instructors and Taekwon-Do students,

You are hereby cordially invited to an ITF International Instructor and Technical Seminar to be presented by Senior Master Kim Jong Su (8th Dan).

The International Seminar is organised by the ITF and is a course dedicated to the development of International Instructors and also serves as a refresher course for International Instructor Certificate holders.

The International Seminar is conducted by 8th or 9th Dan Black Belt holders (Senior Masters and Grand Masters) who are designated by ITF.

Senior Master Kim is the ITF Deputy Umpire, as well as the TFA Technical and Umpire Director and has vast experience in both the theory and practice of the ITF Tournament and Umpire Rules.

According to the ITF rules, an International Instructor Seminar has to comprise 15 hours of training. This is usually done over a period of three (3) days.

Attached please see all information relating to this seminar.

Yours in Taekwon-Do

Judge Annali Basson
TFA President





ITF INTERNATIONAL INSTRUCTOR AND TECHNICAL SEMINAR



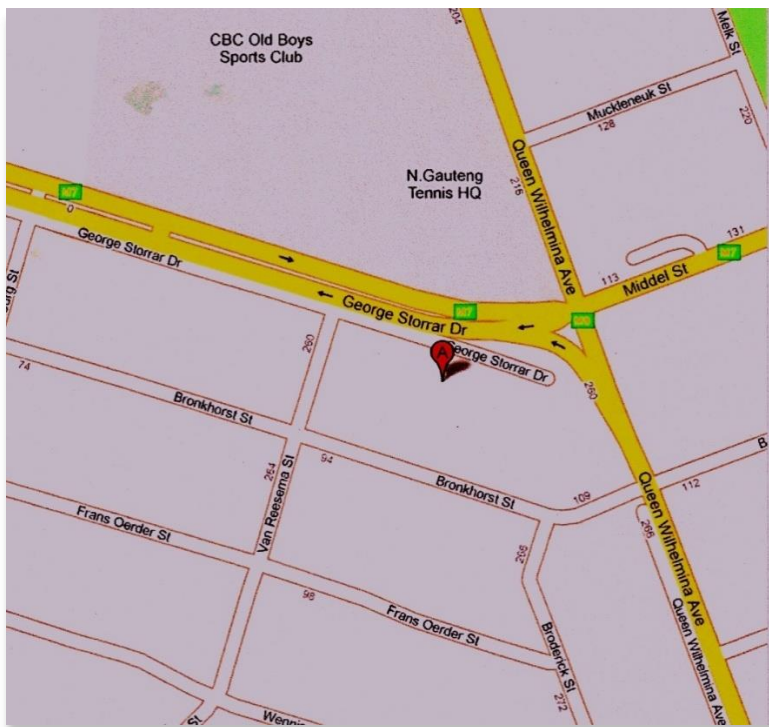
DATE

12th – 13th September 2015
(Saturday and Sunday)

VENUE

The Africa International Taekwon-Do Centre
101 George Storrar Drive
Groenkloof, Pretoria
South Africa

- The venue is right next to a dentist, Dr Rojas and across the street from the Virgin Active and the tennis courts.
- If you drive down George Storrar from Brooklyn towards the Fountains circle, you pass the tennis courts on your right. You have to turn at the first street left after the big crossing between Queen Wilhelmina and George Storrar.
- The turn immediately left into a small street parallel to the "big" George Storrar.
- Continue until you see a sign, Dr Rojas, on your right. The next entrance is the entrance to the Dojang.
- Press the button at the gate. There is parking available on the inside of the premises





DETAILS OF THE INTERNATIONAL INSTRUCTOR COURSE

- Purpose
 - To certify 4th Dan and above Black Belt holders to the rank of International Instructors
 - To improve the abilities and qualifications of the International Instructor Certificate holders
- Participants
 - 3rd Dan black belt holders who are eligible for 4th Dan
 - Note: 3rd Dan black belt holders can receive a three (3) month reduction on the normal waiting period before they are eligible to grade to 4th Dan if they attend this seminar. Kindly note that an individual is only entitled to a 6 month overall reduction of their waiting period during their Taekwon-Do careers)
 - 4th Dan and above Black Belt holders who are eligible for the International Instructor course
 - International Instructors who wish to improve their knowledge and skill
- Contents of the Seminar
 - General principles
 - General Principles of Taekwon-Do
 - Theory of Taekwon-Do
 - Charter of Taekwon-Do
 - Philosophy of Taekwon-Do
 - Tenets of Taekwon-Do and their explanation
 - History of Taekwon-Do
 - Moral Culture
 - Student/Instructor Relationship
 - Meditation after class
 - Taekwon-Do Student Oath
 - Training Secret of Taekwon-Do
 - Taekwon-Do and Physical fitness
 - Vital Spots
 - Definition of Taekwon-Do
 - Composition of Taekwon-Do
 - ITF Tournament Rules and Umpire Rules
 - Practical Education
 - How to lead a class
 - Dojang and Training equipment
 - Preparing the training schedules
 - Methods of test
 - Methodology
 - The seminar will comprise both theoretical and practical aspects
 - The ratio will be approximately 70% theory and 30% practical
- Evaluation and Test
- Instructor Qualification Test (Written and Practical)
- Issuing of Course certificate



ITF INTERNATIONAL INSTRUCTOR AND TECHNICAL SEMINAR



SCHEDULE

Saturday, 12th September 2015

- | | |
|---------------|---|
| 08:30 – 12:00 | Seminar |
| 12:00 – 14:00 | Lunch |
| 14:00 - 16:00 | Seminar |
| 16:00 | Black Belt Grading (1st Dan – 3rd Dan) |
| 16:00 – 19:30 | Theory Session (3 rd Dan grading to 4 th and 4 th Dan above) |

- 1st Gup to 3rd Dan will attend the seminar on Saturday ONLY

Sunday, 13th September 2015

- | | |
|---------------|---|
| 08:30 – 12:00 | Seminar |
| 12:00 – 14:00 | Lunch |
| 14:00 – 16:00 | Seminar |
| | International Instructor Qualification Test |

- 3rd Dan grading to 4th and 4th Dan will attend Saturday and Sunday

COSTS

School Membership (Plaque) Fee

- Plaque Registration: €165
- Plaque Renewal Fee: €125
- Senior Masters (8th Dan) and Grand Masters are not requested to renew the plaque once they have their plaque registered.
- As decided at the 18th ITF Congress, only one type of plaque registration will be applicable.

Certificates

- International Instructor Certificate Fee: €250
- Umpire Certificate Fee:
 - A Class: €125
 - B Class: €65

NGB Affiliation Fee

- €165



ITF INTERNATIONAL INSTRUCTOR AND TECHNICAL SEMINAR



International Technical Seminar Fee

- Up to 3rd Dan (excluding those grading to 4th Dan) will attend one day and the fees are the following (Booklet holders and non-booklet holders).
 - 1st Gup to 1st Dan: € 25
 - 2nd to 3rd Dan: €35
- Holders of ITF Membership Booklet (Including seminar endorsement barcode)
 - 4th Dan and above (including 3rd Dan grading to 4th Dan): €100/ To ITF :€30
- Non-Holders of the ITF Membership Booklet
 - 4th Dan and above (including 3rd Dan grading to 4th Dan): €165/ To ITF: €66

The above is international seminar fee as from October 2009, decided at the 19th ITF congress but 1st Gup and 1st Dan - 3rd Dan (excluding those grading to 4th Dan) will have a special rate.

REGISTRATION

- All Dojang secretaries must please send confirmation of attendance, together with the Registration form and proof of payment, in batches, to fgorman@itfsa.co.za
- All attendees must attach a copy of the following documents to the registration form:
 - Passport
 - Proof of affiliation to the ITF (Vienna)
 - Black belt certificate
 - Black belt card
- Requests for visa application letters must be submitted together with the documentation referred to above.
- Should all these documents not be attached, letters will not be issued.

APPLICATION PROCEDURE

- Attached find International Instructor Application Form and Grading Form
- Each candidate must complete the application form and/or grading form.
- Each candidate must send a digital photo (3cm x 4cm) with your name and degree.
- Unfortunately we cannot accept printed photos.



RSVP DEADLINE

- Confirmation of Participants and FULL payment to be received by **Thursday, 3rd September 2015**.
- Please note: Bsbnim Faye Gorman will be attending the 19th World Championships in Bulgaria, so will be unavailable for queries or assistance between 22nd August 2015 and 2nd September 2015.

PAYMENT

SOUTH AFRICAN PARTICIPANTS ONLY

- Seminar fee either:
 - Pay into Tong-Il account
- Grading, Umpire, IIC Certificates, Plaque registration and renewals to be paid into the following account:

Account name:	Tong-Il
Bank:	ABSA
Account number:	9255994592
Branch code:	632005
Type of account:	Current
Reference:	Name, description (eg: F Gorman, Int Sem)

- Pay in Cash on the day prior to start of seminar

Account name:	ITFSA
Bank:	FNB
Account number:	62445716832
Branch code:	00254405
Branch:	Melrose Arch
Type of account:	Current
Reference:	Name, description (eg: F Gorman, IIC, IUA)

APPLICANTS FROM OTHER COUNTRIES

- Seminar fee to be paid in Cash on the day, before start of seminar
- Grading, Umpire, IIC Certificates, Plaque registration and renewals to be paid to ITF directly.

ACCOMMODATION

- Students will NOT be allowed to sleep at the TFA premises.
- Please communicate with Bsbnim Faye Gorman regarding any accommodation queries.
- Bsbnim Faye will be able to assist with recommendations, but will not make bookings on anyone's behalf.



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LUNCH

- Lunch will not be provided on the premises.
- There are 3 centres nearby where meals can be purchased.
- The TFA Centre has a small kitchen with a small fridge available should you wish to bring your own food.

AIRPORT TRANSFERS

- Please communicate with Bsbnim Faye Gorman regarding any travel requirements from and to the airport.

VISA APPLICATIONS

- Please communicate with Bsbnim Faye Gorman regarding visa requirements for your country.

CONTACT DETAILS

Bsbnim Faye Gorman (3rd Degree H)
TFA Communications Director
Email: fgorman@itfsa.co.za

ATTACHMENTS

- TFA Registration and Indemnity Form
- ITF International Instructor Application Form
- ITF Grading Form